

How to play bocce



The basic rules of traditional bocce are as follows:

Each player or team takes turns bowling their ball towards a target ball, also known as a jack or pallino

Balls are to be thrown underarm and can be delivered through the air or along the ground

Once all balls have been thrown, the team with the closest ball to the jack scores one point

An additional point is awarded for each of their balls that are closer to the jack than the closest ball of the other team

The first player or team to reach 13 points wins the game.

Traditional bocce can be played between two players (singles) or two teams (doubles, triples, quadruples). It is the most popular version of the sport. Other styles of bocce, such as progressive throw, precision throw and bowl throw, are more advanced games that are designed to test the speed, stamina, skill, and athleticism of players.